

# COVID-19 Guidelines for Resumption of Research Activities

If you are ill or have any symptoms of illness, do not come to work. Please stay home and rest until you are better. If you have any symptoms of COVID-19 please seek medical attention immediately to get tested. If you test positive for COVID-19 follow CDC recognized quarantine procedures, notify your supervisor, notify everyone you have had contact with so they can be tested as well.

- Log your movements on campus and list areas you visit on the online sign in/out board at: <https://phoenix.ucdavis.edu/covid-19-inout-form> .
- Minimize access to buildings, labs, research plots, greenhouses, or other common use areas.
- No more than 1 person per 250 sq. ft.. An average sized lab is approximately ~650-750 sq. ft. so that would be no more than 2-3 people per lab room. To find the specific area of your lab please contact Andy Ross [abross@ucdavis.edu](mailto:abross@ucdavis.edu) with a list of the rooms in question.
- Stagger work shifts for essential personnel to avoid overcrowding and person-to-person contact.
- Maintain social distancing of at least 6 ft. This includes while traveling to/from field locations in vehicles.
  - Avoid congregating in large groups (ie: >3-4 people).
    - Avoid breakrooms or other common areas where people tend to congregate.
    - Wear a face covering when you are around others or in common areas.
      - Wear PPE's wherever appropriate.
- Avoid touching your face and high touch items like stairway railings, elevator buttons, etc..
- Disinfect common or high touch surfaces when you enter the space and again before you leave that space for the day. Use a 10% bleach/water solution or 70% ethanol/water solution to clean disinfect surfaces.
  - **NOTE: bleach is corrosive to metals, skin, eyes and vapors can be harmful. Only use bleach in well ventilated areas, wear PPE's, and rinse any residue off surfaces.**
- Wash hands for a minimum of 20 seconds with soap and warm water often, before and after using the restroom, after touching any common use items or high touch items, before leaving for the day.